



Kodiak Review

June 14 - June 20, 2020



Hugh Sutherland School
RR 1
Carstairs, AB T0M0N0
403.337.3326

hugh.sutherland@cesd73.ca
www.hughsutherlandschool.ca



Upcoming Dates and Deadlines

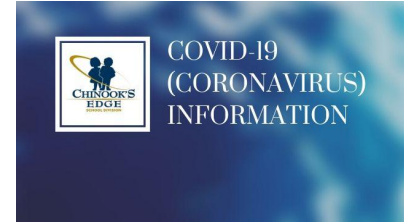
Playground is open - please use at your own risk.

All Library books need to be returned to the bin by the front doors (10:00 am - 2:00 pm daily).

Last day of new instruction is June 19.



Textbook/Chromebook returns will be on June 22 and June 23.



Reminder to students entering grade 9 - bring your own device is required from grade 9-12.



HOW TO REASSURE YOUR KIDS WHEN YOU GO BACK TO WORK AFTER COVID19.

Here are some tips on how to reassure your kids when you go back to work after COVID19.

1. Parents you need that reassurance of the stability of your job, what are you coming back to?
2. Engage in ongoing dialogue with the children. Their home life is about to change again.
3. Ensure consistency in discipline & routine. Be consistent in daily routines. Children need clear rules to live by.
4. Make one-on-one time with children.
5. Check in throughout the day, while at work.
6. Plan some outings and simple celebrations.
7. Address mental health issues promptly if you should notice isolation, defiance or rudeness.

AHS [Building Resilient Families](#) Resource

Take a picture/video of your backyard athletic talents and share with Mrs. Johnson to be featured on the Kodiak PE @ Home Facebook Page.

[HSS Run & Bike Club](#)

[Kodiak Run/Bike/Rollerblade Activity Log.](#)



Dual Credit opportunities- please don't miss out! Every student and their families in Grades 9-12 should check out what exceptional dual credit programming is available to our students! These courses are well orchestrated and give meaningful and professional experiences to students to explore areas of interest, exposure to post secondary education, credits, and get a head start on career exploration. Available courses and an explanation of dual credit is listed on our

[Careers and Guidance- Dual Credit](#) website. If you are interested or have further questions, be sure and let [Mr. Hronek](#) know.

Summer School: <https://www.cesd73.ca/Summer%20School.php>

Grads: Please complete the two surveys emailed to you and added to Google Classroom.