OCTOBER 2022



Upcoming Events

Oct 3 - Cyber Safety Zoom Presentation

Oct 4 - Grad Meeting 7:00 PM North Gym

Oct 5 - Jr/Sr Cross Country Zone Meet

Oct 6 - Jostens Grad Ring - During FLT

Oct 7 - Middle School Turkey Trot

Oct 10 - No School - Thanksgiving

Oct 13 - Picture Retake Day

Oct 21 - No School

Oct 26 - 7:00 PM School Council Meeting

Oct 28 - Gr 9-12 Dance 6:00-9:00 PM

Oct 28 - Marks Available to parents 4:00PM Hello to the entire Hugh Sutherland School Community!

We have had a fantastic start to the year here at HSS with many wonderful and meaningful activities to get the 2022/2023 school year started off right!

We are pleased to let everyone know that our breakfast program is back up and running. This program is open to all of our students from grades 5-12 and we are seeing several take advantage of a good breakfast to start the school day. We are so grateful for our volunteers who are supporting our breakfast and lunch programs.

The month of September has been all about sports. Our HSS golf team were zone champions and represented the school splendidly at provincials. Our cross country running team has already been and competed extremely well in a couple of meets. We have a full slate of middle school and high school volleyball teams taking to the floor and putting their best forward. A big welcome to the Kodiaks High School Football Team! A huge thanks to all of our community and staff coaches for making this possible. Go Kodiaks!

There are so many other activities and events happening within the school for your children to get involved with. Starting next week the library will be open each night as they have literacy, games, Dungeons and Dragons and magic groups meeting each day after school. The jazz band and choir are already meeting regularly before and after school. Renaissance night is coming and we have a drama group in full preparation for the event. We also have a book club starting in the high school end during the day.

We had the pleasure of Alison Springer coming and talking with our students for the opening year assembly. Terry Fox was a huge success, we raised as a school community over \$7,000.00 for cancer research. We also just had our Orange Shirt Day which we all respectfully recognized the deep issues associated through Truth and Reconciliation.

A quick note about items more academic based. We have several of our high school students who are taking advantage of Dual Credit opportunities with Olds College. For example we have a large group of welding students who are going up to Olds on a regular basis to deepen their knowledge and skills in this area.

We love our volunteers and if any parents are looking to get involved with the school, there is a sign up page on our website or you can contact the school directly. Our next School Council meeting is Wednesday, October 26th at 7:00 pm. Here at the school. All are welcome and invited!

Thanks to everyone for your continued support of Hugh Sutherland School.

George Thomson, Laura Lee Hrabok, Tyler Jesse

Monday	Tuesday	Wednesday	Thursday	Friday
³ Basics	^₄ Chicken Fried Rice & Spring Rolls	⁵ Quesadillas & Tossed Salad	⁶ Sweet & Sour Meatballs	7 Pizza
10 CLOSED	¹¹ Chicken Nuggets & Tater Tots	¹² Penne With Meat Sauce	¹³ Hot Dog, Chips & Veggies	¹⁴ Pizza
17 Basics	¹⁸ Taco In A Bag	¹⁹ Pancakes & Sausage	²⁰ Subway (Online Order Only)	CLOSED
²⁴ Basics	²⁵ Chicken Bacon Ranch Wrap	²⁶ Lasagna & Caesar Salad	²⁷ Perogies & Sausage	²⁸ Pizza
31 Basics				



Athletics

Congratulations to our student golfers that represented the school at Provincials this past week.



Volleyball is well under way. Our girls are headed to a tournament this weekend and our sr boys have one on the 14th and 15th.

Cross Country

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Congratulations to all of our student athletes that participated at Divisionals in Sundre. Zones will be October 5th in Trochu.





Didsbury Travel club is not affiliated with Chinook's Edge School Division

The Leadership Lowdown

Hello Kodiaks,

The high school leadership team is back and looking forward to another month of fun filled activities! Thank you to all the people that donated to our Terry Fox fundraiser. With everyone's help we blew our goal out of the water and raised over \$7000 in total! The winning homerooms from the Middle School were Mrs. Heenan's and Mrs. Connolly's, and the winning High School CA was Mrs. Schielke. Special thanks to Landon Baker from Mrs. Symon's class for being our ambassador!.

We're looking forward to hosting some new events in October. We will be hosting a Halloween dance for our grade 9-12 students on Friday October 28, from 6-9pm. We encourage you to wear costumes (school appropriate, no weapons or blood/gore). Admission will be \$2 per person and only \$1 if you are in costume. Additionally, we encourage you to bring non-perishable food donations to the dance as a part of our efforts to fill food banks in our local community - LET'S SCARE AWAY HUNGER. You will be allowed to bring a friend to the dance! However, there are rules that come with this privilege; rules of entrance that apply to you also apply to your friends. Your friend may not be out of the school system, as they must be a registered student in the school system. Sign up sheets in the office will be available until October 21st to add guests to the list.

Stay tuned for other exciting October events and more information on our up and coming "Battle of the CAs"!

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	SAT	-	Ø	ស	22	29
	FRI		7 Middle School Turkey Trot	4	21 No School	28 6:00-9:00 PM - HS Dance (gr 9-12) Marks Available on PowerSchool
022	THU		6 9:45 AM - Jostens Grad Jewelry	13 Picture Retake Day	2 0	27
OBER 2022	WED		۵	12	6	26 7:OO PM School Council Meeting
OCT	TUE		4 7:00 PM Grad Meeting	F	8	25
	NOM		3 Cyber Safety Zoom Meeting	10 No School Thanksgiving	17	24
	SUN		7	o	5	23



Picture retakes will be on Thursday, October 13th. If your child(ren) need retakes please have them bring the form on the day of retakes to give to the photographers.

If you have any questions please contact ICON at 1-866-449-3558.

From The FSW

Community Education Services is offering:

EFFECTIVE COMMUNICATION WITH TEENS -Free workshop

Zoom Oct. 5 6:30 - 8:30

Discussions will focus on the impact of communication of words, tone, body language, the importance of listening & the delivery of clear messages.

The Kodiak Snack Shack will be selling hot dogs for \$2.00 on Mondays.



High School Student Book Club

Ms Jen and Mrs. Pike will be offering a high school student book club during FLT. The first meeting will be Monday, October 3rd. Spots will be limited and operate on a first come first serve basis. Make sure you sign up and be there to choose a book.



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Division News

October 2022



... for parents and guardians

Our safe and caring schools - A message from Superintendent Kurt Sacher

We truly appreciate having your children back in our schools enjoying a face to face environment. They give us tremendous energy and we do everything we can to return the favour by being as positive as possible with every interaction every day. We care deeply about our students and we work hard to ensure a safe and caring environment exists for everyone.

We have all made our way through some challenging times over the past few years. As we move forward we are committed to doing our part to develop your child's well-being to the highest level. To help us with this commitment, please communicate with your child's teacher so our staff know how we can best assist you as a parent. If issues do arise that you aren't able to resolve, please contact your child's principal and know that you are most helpful when you join them in looking for solutions. There is almost always a solution right at our fingertips and our staff want to support you in every way they can.

Relationships matter at every level in our school division. We look forward to working closely with you as parents to ensure that all of our students feel safe and cared for in our schools.

Kurt Sacher

To read the latest version of the Board eNews, please click here.



On course - Dr. Marcie Perdue, Associate Superintendent of Student Services, shared details of the division's locally developed <u>Social</u> <u>Emotional Wellbeing 15</u> (SEW) course with all school-based administrators as the year got underway. This is an Alberta Education approved, mandatory 50 hour three credit course for all Grade 10 students in Chinook's Edge - the first of its kind in Alberta! It continues a multi-layered approach to protecting and enhancing the mental health of students and staff throughout the division.

Indigenous Learning in Chinook's Edge



Indigenous Leads Day - Schools in Chinook's Edge have a representative to support the division's Indigenous Education priority, and that group met to begin the year together (above). Staff continue to build knowledge to meaningfully embed Indigenous learning into their lessons, to gain a greater understanding of the history, culture and contributions of Indigenous Canadians.

Please note: schools and offices will be closed on September 30th to observe the <u>National Day for</u> <u>Truth and Reconciliation</u>.





FREE VIRTUAL PRESENTATIONS

Parents, This is what you need to know:

OCTOBER 3,

- Social media and youth mental health
- Privacy protection
- Cybercrimes

2822

Are you and your family cyber safe? The internet and social media has become an amazing tool for connecting and educating, but with limited regulation, there is potential for privacy issues, bullying and criminal activity. YouthLink Calgary is providing parents and guardians with the tools to keep your family safe online.



Family Resource Network

Alberta

VIA ZOO

7:00 - 8:30 PM